

Get a Ride...

Give a Ride...

Volunteer Driver Program

CVTC's Volunteer Drivers provide "no fee" transportation for people who do not have access to transportation because of age, ability, economic situation or other limiting circumstances. Our trip purposes include non-emergency medical & social service appointments, as well as trips to the grocery store and the pharmacy.

In addition to the 13 towns we serve in the Eastern Monadnock Region – **Antrim, Bennington, Dublin, Frankestown, Greenfield, Greenville, Hancock, Jaffrey, New Ipswich, Peterborough, Rindge, Sharon, and Temple** – we are now adding all the towns in the Western Monadnock Region: **Alstead, Chesterfield, Fitzwilliam, Gilsum, Harrisville, Hinsdale, Keene, Marlborough, Marlow, Nelson, Richmond, Roxbury, Stoddard, Sullivan, Surry, Swanzey, Troy, Walpole, Westmoreland, and Winchester.**

Our Riders report that since getting rides through CVTC, they:

- ▶ feel less of a burden on family and friends
- ▶ are able to remain independent
- ▶ do not hesitate in making necessary medical or social service appointments
- ▶ eat healthier meals
- ▶ feel less anxious
- ▶ are satisfied with CVTC's services

Become a Volunteer Driver

CVTC gives HOPE with every mile YOU drive.

CVTC is looking to enroll Volunteer Drivers to get people where they need to go. If you have some time now and then to give someone a ride, we'd enjoy hearing from you.

Key information about becoming a CVTC Volunteer Driver

- ▶ Drivers use their own vehicles
- ▶ Must carry a minimum of \$100,000/\$300,000 liability on car insurance
- ▶ Once vetted, we provide an orientation and training on TripList, our online trip management system
- ▶ If you don't use a computer, our staff will help select trips and complete monthly mileage log
- ▶ Select the trips that match your availability
- ▶ See details of the trip you selected on TripList, including helpful information about each rider (uses a cane or walker, etc.)
- ▶ Choose to receive monthly mileage reimbursement at \$0.41 per mile (provided by federal funds)
- ▶ Receive daily email reminders about open trips
- ▶ Receive 15% discount at Valvoline Instant Oil Change (Keene and Rindge)
- ▶ Receive monthly newsletter "Transportation for Everyone"



Ruth Lambert (right), Volunteer Driver, and her riders arrive at Bond Wellness Center for physical therapy appointments.

By performing acts of service we can shape a nation big enough and bold enough to accommodate the hopes of all our people. Across our country, volunteers open doors of opportunity, pave avenues of success, fortify their communities and lay the foundation for tomorrow's growth and prosperity.

–2014 Presidential Proclamation, National Volunteer Week



QUOTES FROM RIDERS:

CVTC gave me back my life and my mobility.

Thanks for all the help you give us and for the wonderful volunteer drivers.

I feel less isolated. CVTC is a godsend.

I enjoy helping people who cannot drive themselves. . . . It is easy to go online and select the rides that fit in my schedule.

– Linda, Volunteer Driver

Call our Transportation Coordinator at 877-428-2882, ext. 5.

Our vision and our partners

Our vision is transportation for everyone.

Our mission is to create, coordinate, and deliver transportation solutions to the Monadnock Region.

Incorporated as a 501(c)3 not-for-profit organization, CVTC was created as a grassroots effort to meet the growing unmet transportation needs in the region. We collaborate with the following organizations to address the need:

- ▶ NH Department of Transportation
- ▶ NH State Coordinating Council for Community Transportation
- ▶ NH Transit Association
- ▶ Commute Smart NH
- ▶ Transport NH
- ▶ Monadnock United Way
- ▶ Municipalities
- ▶ Monadnock Community Hospital
- ▶ Cheshire Medical Center/Dartmouth Hitchcock
- ▶ Jaffrey, Keene & Peterborough Chambers of Commerce
- ▶ American Red Cross, NH West Chapter
- ▶ Home Healthcare, Hospice & Community Services
- ▶ Southwest Region Planning Commission
- ▶ Monadnock Region Coordinating Council for Community Transportation
- ▶ Monadnock Alliance for Sustainable Transportation
- ▶ Cheshire County Government
- ▶ Council for a Healthier Community
- ▶ Monadnock RSVP and Volunteer Center

You can be part of the solution!

With your time as a Volunteer Driver, Town Representative, a member of the Board of Directors, or as a committee member for marketing, finance or fundraising;

With your talent as an advocate in your town for CVTC, as a writer or photographer to help us capture our stories of impact on riders, drivers and communities; and

With your treasure, by making a tax-deductible contribution to assist CVTC in achieving our mission.

The need is here, the need is now.

According to the NH Center for Public Policy, by the year 2030 the state anticipates to have one-half million adults above the age of 65, a so-called "silver tsunami." This represents nearly one-third of the state's population. As this population ages, it is important that they remain engaged in the community, as they can continue to be vital resources for and contributors to the local economy. The need for increased resources in people, funding, and expanded Community Transportation infrastructure in customer service, marketing, and program efficiencies is evident.



CVTC

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info@cvtc-nh.org
1-877-428-2882



*Get a Ride
Give a Ride*

Contoocook Valley Transportation Company

**Creating, coordinating, and delivering
transportation solutions to
the Monadnock Region.**

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